# The Week of Judica / 5 Lent Wednesday /01 April 2020

# Matins / Morning Prayer

(L: Leader; C: Congregation)

## **Opening**

- L: O Lord, open my lips,
- C: and my mouth will declare your praise.
- L: Make haste, O God to deliver me;
- C: make haste to help me, O Lord.
  Glory be to the Father and to the Son and to the Holy Spirit;
  as it was in the beginning, is now, and will be forever. Amen.
  Praise to you, O Christ, Lamb of our salvation.
- L: Blessed be God, the Father, the Son, and the Holy Spirit.
- C: The Lord has redeemed His people.

## **Venite (Psalm 95:1-7)**

C: O come, let us sing to the Lord,

let us make a joyful noise to the rock of our salvation.

Let us come into His presence with thanksgiving;

let us make a joyful noise to Him with songs of praise.

For the Lord is a great God

and a great king above all gods.

In his hands are the depths of the earth;

the heights of the mountains are His also.

The sea is His, for He made it;

and His hand formed the dry land.

O come, let us worship and bow down;

let us kneel before the Lord, our maker.

For He is Our God,

and we are the people of His pasture and the sheep of His hand.

- **L:** Blessed be God, the Father, the Son, and the Holy Spirit.
- C: The Lord has redeemed His people.

#### Psalm 18:6-7, 16-20

C: In my distress I called upon the LORD:

to my God I cried for help.

From his temple he heard my voice, and my cry to him reached his ears.

Then the earth reeled and rocked;

the foundations also of the mountains trembled and quaked, because he was angry.

He sent from on high, he took me;

he drew me out of many waters.

He rescued me from my strong enemy and from those who hated me,

for they were too mighty for me.

They confronted me in the day of my calamity,

but the LORD was my support.

He brought me out into a broad place;

he rescued me, because he delighted in me.

The LORD dealt with me according to my righteousness; according to the cleanness of my hands he rewarded me.

# The Hebrew Scriptures (Exodus 4:1-18)

**L:** A reading from Exodus:

Then Moses answered, "But behold, they will not believe me or listen to my voice, for they will say, "The LORD did not appear to you." <sup>2</sup> The LORD said to him, "What is that in your hand?" He said, "A staff." <sup>3</sup> And he said, "Throw it on the ground." So he threw it on the ground, and it became a serpent, and Moses ran from it. <sup>4</sup> But the LORD said to Moses, "Put out your hand and catch it by the tail"—so he put out his hand and caught it, and it became a staff in his hand— <sup>5</sup> "that they may believe that the LORD, the God of their fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has appeared to you." <sup>6</sup> Again, the LORD said to him, "Put your hand inside your cloak." <sup>[a]</sup> And he put his hand inside his cloak, and when he took it out, behold, his hand was leprous <sup>[b]</sup> like snow. <sup>7</sup> Then God said, "Put your

hand back inside your cloak." So he put his hand back inside his cloak, and when he took it out, behold, it was restored like the rest of his flesh. 8 "If they will not believe you," God said, "or listen to the first sign, they may believe the latter sign. 9 If they will not believe even these two signs or listen to your voice, you shall take some water from the Nile and pour it on the dry ground, and the water that you shall take from the Nile will become blood on the dry ground."

<sup>10</sup> But Moses said to the LORD, "Oh, my Lord, I am not eloquent, either in the past or since you have spoken to your servant, but I am slow of speech and of tongue." <sup>11</sup> Then the LORD said to him, "Who has made man's mouth? Who makes him mute, or deaf, or seeing, or blind? Is it not I, the LORD? <sup>12</sup> Now therefore go, and I will be with your mouth and teach you what you shall speak." <sup>13</sup> But he said, "Oh, my Lord, please send someone else." <sup>14</sup> Then the anger of the LORD was kindled against Moses and he said, "Is there not Aaron, your brother, the Levite? I know that he can speak well. Behold, he is coming out to meet you, and when he sees you, he will be glad in his heart. <sup>15</sup> You shall speak to him and put the words in his mouth, and I will be with your mouth and with his mouth and will teach you both what to do. <sup>16</sup> He shall speak for you to the people, and he shall be your mouth, and you shall be as God to him. <sup>17</sup> And take in your hand this staff, with which you shall do the signs."

<sup>18</sup> Moses went back to Jethro his father-in-law and said to him, "Please let me go back to my brothers in Egypt to see whether they are still alive." And Jethro said to Moses, "Go in peace."

**L:** The word of the Lord.

C: Thanks be to God.

## The Christian Scriptures (Mark 15:1-15)

**L:** A reading from the Gospel according to St. Mark:

And as soon as it was morning, the chief priests held a consultation with the elders and scribes and the whole council. And they bound Jesus and led him away and delivered him over to Pilate. <sup>2</sup> And Pilate asked him, "Are you the King of the Jews?" And he answered him, "You have said so." <sup>3</sup> And the chief priests accused him of many things. <sup>4</sup> And Pilate again asked him, "Have you no answer to make? See how many charges they bring against you." <sup>5</sup> But Jesus made no further answer, so that Pilate was amazed.

<sup>6</sup> Now at the feast he used to release for them one prisoner for whom they asked. <sup>7</sup> And among the rebels in prison, who had committed murder in the insurrection, there was a man called Barabbas. <sup>8</sup> And the crowd came up and began to ask Pilate to do as he usually did for them. <sup>9</sup> And he answered them, saying, "Do you want me to release for you the King of the Jews?" <sup>10</sup> For he perceived that it was out of envy that the chief priests had delivered him up. <sup>11</sup> But the chief priests stirred up the crowd to have him release for them Barabbas instead. <sup>12</sup> And Pilate again said to them, "Then what shall I do with the man you call the King of the Jews?" <sup>13</sup> And they cried out again, "Crucify him." <sup>14</sup> And Pilate said to them, "Why? What evil has he done?" But they shouted all the more, "Crucify him." <sup>15</sup> So Pilate, wishing to satisfy the crowd, released for them Barabbas, and having scourged<sup>[a]</sup> Jesus, he delivered him to be crucified.

- **L:** The word of the Lord.
- C: Thanks be to God.

## **Responsory for Lent**

- **L:** We have an advocate with the Father; Jesus is the propitiation for our sins.
- C: He was delivered up to death; He was delivered for the sins of the people.
- L: Blessed is he whose transgression is forgiven and whose sin is put away.
- C: He was delivered up to death;
  He was delivered for the sins of the people.
- **L:** We have an advocate with the Father; Jesus is the propitiation for our sins.
- C: He was delivered up to death; He was delivered for the sins of the people.

A homily may be inserted here.

#### Te Deum

C: ¹We praise You, O God; we acknowledge You to be the Lord.

All the earth now worships You, The Father everlasting.

To You all angels cry aloud, the heavens and all the pow'rs therein.

To You cherubim and seraphim continually do cry:

<sup>2</sup>Holy, holy, Lord God of Sabaoth;

heaven and earth are full of the majesty of Your glory.

The glorious company of the apostles praise You.

The goodly fellowship of the prophets praise You.

<sup>3</sup>The noble army of martyrs praise You.

The holy Church throughout all the world does acknowledge You:

You are the king of glory, O Christ;

You are the everlasting Son of the Father.

<sup>5</sup>When You took upon Yourself to deliver man,

You humbled Yourself to be born of a virgin.

When You had overcome the sharpness of death,

You opened the kingdom of heaven to all believers.

<sup>6</sup>You sit at the right hand of God

in the glory of the Father.

We believe that You will come

to be our judge.

<sup>7</sup>We therefore pray You to help Your servants,

whom You have redeemed with Your precious blood.

Make them to be numbered with Your saints

in glory everlasting.

<sup>8</sup>O Lord, save Your people and bless Your heritage.

Govern them and lift them up forever.

Day by day we magnify You.

And we worship your name forever and ever.

<sup>9</sup>Grant, O Lord, to keep us this day without sin.

O Lord, have mercy upon us, have mercy upon us.

O Lord, let Your mercy be upon us, as our trust is in You.

O Lord, in You have I trusted; let me never be confounded.

# **Kyrie**

C: Lord, have mercy; Christ, have mercy; Lord, have mercy.

## The Lord's Prayer

#### **Collect**

L: O Lord, hear my prayer.

C: And let my cry come to you.

L: We pray: Lord Jesus Christ, You released many from their bondage to sin, death, and the devil as the healer of the nations. But when it came time to release You, the crowd chose a murderer instead. Through our co-crucifixion with You in the waters of our Baptism, may we continually be released from our sins as we confess You to be our everlasting King; for You live and reign with the Father and the Holy Spirit, one God, now and forever.

C: Amen.

## **Prayer**

L: Almighty God, heavenly Father, Your mercies are new to us every morning, and You abundantly provide for us. Give us Your Holy Spirit that we may heartily acknowledge Your merciful goodness toward us, give thanks for all Your benefits, and cheerfully serve You.

Lord in your mercy:

C: Hear our prayer.

- L: O Lord, direct us in all our doings with Your most gracious favor, and further us with Your continual help that in all our works begun, continued, and ended in You we may glorify Your holy name.

  Lord in your mercy:
- C: Hear our prayer.
- **L:** O Lord, our dwelling place and our peace, You have compassion on our weakness. Put us far from all worry and fearfulness that, commending ourselves to Your gracious mercy, we may commit ourselves into Your care.

Lord in your mercy:

- C: Hear our prayer.
- **L:** We pray together:
- C: I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

#### **Benedicamus & Benediction**

- **L:** Let us bless the Lord.
- C: Thanks be to God.
- **L:** The grace of our Lord Jesus Christ and the love of God and the communion of the Holy Spirit be with us all.
- C: Amen.