

Laetare / The 4th Sunday in Lent
Jesus Feeds the 5,000
March 22, 2020



Evangelical Lutheran Church in America
God's work. Our hands.

COVID-19 Prevention

The U.S. Centers for Disease Control and Prevention recommend some simple steps to help prevent the spread of respiratory viruses, including:

- Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based sanitizer;
- Avoid touching your eyes, nose, and mouth with unwashed hands;
- Avoid close contact with people who are sick;
- Stay home when you are sick;
- Cover your cough or sneeze with a tissue and then throw the tissue in the trash;
- Clean and disinfect frequently touched objects and surfaces.



Clean

Wash and sanitize your hands often.



Cover

Cough and sneeze into your elbow.



Contain

Stay home if you're sick.

Confession

P: In the name of the Father and of the Son and of the Holy Spirit.

C: Amen.

P: O Lord, if you kept a record of sins, who could stand?

C: But with you there is forgiveness.

P: Let us confess our sins in the presence of God and of one another.

C: Most merciful God, we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

P: God who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name of Jesus Christ, your sins are forgiven. May Almighty God strengthen you with power through the Holy Spirit, that Christ may live in your hearts through faith.

C: Amen.

P: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

C: And also with you.

Introit (*Psalm 122:1-2,6,8; antiphon: Isaiah 66:10a,11a*)

**C: Rejoice with Jerusalem, and be glad for her,
all you who love her;
that you may nurse and be satisfied
from her consoling breast.**

A: I was glad when they said to me,
“Let us go to the house of the Lord!”

Our feet have been standing
within your gates, O Jerusalem!

Pray for the peace of Jerusalem!

May they be secure who love you!

For my brothers and companions' sake

I will say, “peace be within you!”

**C: Glory be to the Father and to the Son
and to the Holy Spirit;**

as it was in the beginning,

is now, and will be forever. Amen.

Rejoice with Jerusalem, and be glad for her,

all you who love her;

that you may nurse and be satisfied

from her consoling breast.

Greeting and Collect

P: The Lord be with you.

C: And also with you.

P: Almighty God, our heavenly Father, your mercies are new every morning. You receive us as your children and provide for all our needs of body and soul. Grant that we may heartily acknowledge your merciful goodness, give thanks for all your benefits, and serve you in willing obedience; and though we; through Jesus Christ, your Son, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

C: Amen.



The Hebrew Scriptures (Exodus 16:2-21)

A: A reading from Exodus:

² And the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, ³ and the people of Israel said to them, “Would that we had died by the hand of the Lord in the land of Egypt, when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger.”

⁴ Then the Lord said to Moses, “Behold, I am about to rain bread from heaven for you, and the people shall go out and gather a day's portion every day, that I may test them, whether they will walk in my law or not.

⁵ On the sixth day, when they prepare what they bring in, it will be twice as much as they gather daily.”

⁶ So Moses and Aaron said to all the people of Israel, “At evening you shall know that it was the Lord who brought you out of the land of Egypt, ⁷ and in the morning you shall see the glory of the Lord, because he has heard your grumbling against the Lord. For what are we, that you grumble against us?”

⁸ And Moses said, “When the Lord gives you in the evening meat to eat and in the morning bread to the full, because the Lord has heard your grumbling that you grumble against him—what are we? Your grumbling is not against us but against the Lord.”

⁹ Then Moses said to Aaron, “Say to the whole congregation of the people of Israel, ‘Come near before the Lord, for he has heard your grumbling.’”

¹⁰ And as soon as Aaron spoke to the whole congregation of the people of Israel, they looked toward the wilderness, and behold, the glory of the Lord appeared in the cloud.

¹¹ And the Lord said to Moses, ¹² “I have heard the grumbling of the people of Israel. Say to them, ‘At twilight you shall eat meat, and in the morning you shall be filled with bread. Then you shall know that I am the Lord your God.’”

Continued on next page

¹³ In the evening quail came up and covered the camp, and in the morning dew lay around the camp. ¹⁴ And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as frost on the ground. ¹⁵ When the people of Israel saw it, they said to one another, "What is it?" For they did not know what it was.

And Moses said to them, "It is the bread that the Lord has given you to eat. ¹⁶ This is what the Lord has commanded: 'Gather of it, each one of you, as much as he can eat. You shall each take an omer, according to the number of the persons that each of you has in his tent.'" ¹⁷ And the people of Israel did so. They gathered, some more, some less. ¹⁸ But when they measured it with an omer, whoever gathered much had nothing left over, and whoever gathered little had no lack. Each of them gathered as much as he could eat. ¹⁹ And Moses said to them, "Let no one leave any of it over till the morning." ²⁰ But they did not listen to Moses. Some left part of it till the morning, and it bred worms and stank. And Moses was angry with them. ²¹ Morning by morning they gathered it, each as much as he could eat; but when the sun grew hot, it melted.

A: The word of the Lord.

C: Thanks be to God.

Gradual (*Psalm 91:11-12*)

C: I was glad when they said to me,

"Let us go to the house of the LORD!"

Peace be within your walls

and security within your towers!



The Christian Scriptures (*Galatians 4:21-31*)

A: A reading from Galatians:

²¹ Tell me, you who desire to be under the law, do you not listen to the law? ²² For it is written that Abraham had two sons, one by a slave woman and one by a free woman. ²³ But the son of the slave was born according to the flesh, while the son of the free woman was born through promise. ²⁴ Now this may be interpreted allegorically: these women are two covenants. One is from Mount Sinai, bearing children for slavery; she is Hagar. ²⁵ Now Hagar is Mount Sinai in Arabia; she corresponds to the present Jerusalem, for she is in slavery with her children. ²⁶ But the Jerusalem above is free, and she is our mother.

²⁷ For it is written,

“Rejoice, O barren one who does not bear;
break forth and cry aloud, you who are not in labor!
For the children of the desolate one will be more
than those of the one who has a husband.

²⁸ Now you, brothers, like Isaac, are children of promise. ²⁹ But just as at that time he who was born according to the flesh persecuted him who was born according to the Spirit, so also it is now. ³⁰ But what does the Scripture say? “Cast out the slave woman and her son, for the son of the slave woman shall not inherit with the son of the free woman.” ³¹ So, brothers, we are not children of the slave but of the free woman.

A: The word of the Lord.

C: Thanks be to God.



The Holy Gospel (*John 6:1-15*)

P: The Holy Gospel according to St. John:

C: Glory to you, O Lord.

After this Jesus went away to the other side of the Sea of Galilee, which is the Sea of Tiberias. ² And a large crowd was following him, because they saw the signs that he was doing on the sick. ³ Jesus went up on the mountain, and there he sat down with his disciples. ⁴ Now the Passover, the feast of the Jews, was at hand. ⁵ Lifting up his eyes, then, and seeing that a large crowd was coming toward him, Jesus said to Philip, "Where are we to buy bread, so that these people may eat?" ⁶ He said this to test him, for he himself knew what he would do.

⁷ Philip answered him, "Two hundred denarii worth of bread would not be enough for each of them to get a little."

⁸ One of his disciples, Andrew, Simon Peter's brother, said to him, ⁹ "There is a boy here who has five barley loaves and two fish, but what are they for so many?"

¹⁰ Jesus said, "Have the people sit down."

Now there was much grass in the place. So the men sat down, about five thousand in number. ¹¹ Jesus then took the loaves, and when he had given thanks, he distributed them to those who were seated. So also the fish, as much as they wanted. ¹² And when they had eaten their fill, he told his disciples, "Gather up the leftover fragments, that nothing may be lost." ¹³ So they gathered them up and filled twelve baskets with fragments from the five barley loaves left by those who had eaten.

¹⁴ When the people saw the sign that he had done, they said, "This is indeed the Prophet who is to come into the world!"

¹⁵ Perceiving then that they were about to come and take him by force to make him king, Jesus withdrew again to the mountain by himself.

P: The Gospel of the Lord.

C: Praise to you, O Christ.

Throughout Lent, we will “fast” from the Nicene Creed and say the Apostles’ Creed.

Apostles’ Creed

**C: I believe in God,
the Father, Almighty,
creator of heaven and earth.
I believe in Jesus Christ,
his only Son,
our Lord.
He was conceived by the power of the Holy Spirit
and born of the virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father,
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**



1 O liv - ing Bread from heav - en, how well you feed your guest!
 2 My Lord, you here have led me with - in your ho - liest place,
 3 You gave me all I want - ed; this food can death de - stroy.
 4 Lord, grant me then, thus strength - ened with heav'n - ly food, while here



The gifts that you have giv - en have filled my heart with rest.
 and here your - self have fed me with trea - sures of your grace;
 And you have free - ly grant - ed the cup of end - less joy.
 my course on earth is length - ened, to serve with ho - ly fear.



Oh, won - drous food of bless - ing, oh, cup that heals our woes!
 for you have free - ly giv - en what earth could nev - er buy,
 My Lord, I do not mer - it the fa - vor you have shown,
 And when you call my spir - it to leave this world be - low,



My heart, this gift pos - sess - ing, with prais - es o - ver - flows!
 the bread of life from heav - en, that now I shall not die.
 and all my soul and spir - it bow down be - fore your throne.
 I en - ter, through your mer - it, where joys un - min - gled flow.



Announcements

Prayers of the People

A: Lord, in your mercy.

C: Hear our prayer.

The Lord's Prayer

P: We pray.

C: Our Father, who art in heaven,

hallowed be thy name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses,

as we forgive those who trespass against us.

and lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

forever and ever.

Amen.

Benediction

P: The Lord bless you and keep you.

The Lord make his face shine upon you and be gracious to you.

The Lord lift up his countenance upon you, and give you peace.

C: Amen.

Postlude

O God My Faithful God

Johannes Brahms

St. Paul Evangelical Lutheran Church Council

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St. Paul Evangelical Lutheran Church Staff

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Early Education Center

<i>Board Chair</i>	<i>Joan Holden</i>
<i>Director & Teachers</i>	<i>Liz Campbell & Sharon Genther</i>

Saint Paul Evangelical Lutheran Church

Weekdays 9-12, 1-4

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