

# **The Week of Judica / 5 Lent**

## **Tuesday /31 March 2020**

### **Matins / Morning Prayer**

(L: Leader; C: Congregation)

#### **Opening**

**L:** O Lord, open my lips,

**C:** and my mouth will declare your praise.

**L:** Make haste, O God to deliver me;

**C:** make haste to help me, O Lord.

**Glory be to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning, is now, and will be forever. Amen.  
Praise to you, O Christ, Lamb of our salvation.**

**L:** Blessed be God, the Father, the Son, and the Holy Spirit.

**C:** The Lord has redeemed His people.

#### **Venite (Psalm 95:1-7)**

**C:** O come, let us sing to the Lord,

let us make a joyful noise to the rock of our salvation.

Let us come into His presence with thanksgiving;

let us make a joyful noise to Him with songs of praise.

For the Lord is a great God

and a great king above all gods.

In his hands are the depths of the earth;

the heights of the mountains are His also.

The sea is His, for He made it;

and His hand formed the dry land.

O come, let us worship and bow down;

let us kneel before the Lord, our maker.

For He is Our God,

and we are the people of His pasture

and the sheep of His hand.

**L:** Blessed be God, the Father, the Son, and the Holy Spirit.

**C:** The Lord has redeemed His people.

**Psalm 39:1-7**

**C:** I said, “I will guard my ways that I may not sin with my tongue;  
I will guard my mouth with a muzzle,  
so long as the wicked are in my presence.”  
I was mute and silent; I held my peace to no avail,  
and my distress grew worse.  
My heart became hot within me.  
As I mused, the fire burned;  
then I spoke with my tongue:  
“O LORD, make me know my end  
and what is the measure of my days;  
let me know how fleeting I am!  
Behold, you have made my days a few handbreadths,  
and my lifetime is as nothing before you.  
Surely all mankind stands as a mere breath!  
Surely a man goes about as a shadow!  
Surely for nothing they are in turmoil;  
man heaps up wealth and does not know who will gather!  
“And now, O Lord, for what do I wait?  
My hope is in you.”

**The Hebrew Scriptures (Exodus 2:23—3:22)**

**L:** A reading from Exodus:

<sup>23</sup> During those many days the king of Egypt died, and the people of Israel groaned because of their slavery and cried out for help. Their cry for rescue from slavery came up to God. <sup>24</sup> And God heard their groaning, and God remembered his covenant with Abraham, with Isaac, and with Jacob. <sup>25</sup> God saw the people of Israel—and God knew.

<sup>3:1</sup> Now Moses was keeping the flock of his father-in-law, Jethro, the priest of Midian, and he led his flock to the west side of the wilderness and came to Horeb, the mountain of God. <sup>2</sup> And the angel of the LORD appeared to him in a flame of fire out of the midst of a bush. He looked, and behold, the bush was burning, yet it was not consumed. <sup>3</sup> And Moses said, “I will turn aside to see this great sight, why the bush is not

burned.”<sup>4</sup> When the LORD saw that he turned aside to see, God called to him out of the bush, “Moses, Moses!” And he said, “Here I am.”<sup>5</sup> Then he said, “Do not come near; take your sandals off your feet, for the place on which you are standing is holy ground.”<sup>6</sup> And he said, “I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God.

<sup>7</sup> Then the LORD said, “I have surely seen the affliction of my people who are in Egypt and have heard their cry because of their taskmasters. I know their sufferings,<sup>8</sup> and I have come down to deliver them out of the hand of the Egyptians and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the place of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites.<sup>9</sup> And now, behold, the cry of the people of Israel has come to me, and I have also seen the oppression with which the Egyptians oppress them.<sup>10</sup> Come, I will send you to Pharaoh that you may bring my people, the children of Israel, out of Egypt.”<sup>11</sup> But Moses said to God, “Who am I that I should go to Pharaoh and bring the children of Israel out of Egypt?”<sup>12</sup> He said, “But I will be with you, and this shall be the sign for you, that I have sent you: when you have brought the people out of Egypt, you shall serve God on this mountain.”

<sup>13</sup> Then Moses said to God, “If I come to the people of Israel and say to them, ‘The God of your fathers has sent me to you,’ and they ask me, ‘What is his name?’ what shall I say to them?”<sup>14</sup> God said to Moses, “I AM WHO I AM.”<sup>[a]</sup> And he said, “Say this to the people of Israel: ‘I AM has sent me to you.’”<sup>15</sup> God also said to Moses, “Say this to the people of Israel: ‘The LORD,<sup>[b]</sup> the God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you.’ This is my name forever, and thus I am to be remembered throughout all generations.”<sup>16</sup> Go and gather the elders of Israel together and say to them, “The LORD, the God of your fathers, the God of Abraham, of Isaac, and of Jacob, has appeared to me, saying, ‘I have observed you and what has been done to you in Egypt,’<sup>17</sup> and I promise that I will bring you up out of the affliction of Egypt to the land of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites, a land flowing with milk and honey.”<sup>18</sup> And they will listen to your voice, and you and the elders of Israel shall go to the king of Egypt and say to him, “The LORD, the God of the Hebrews, has met with us; and now, please let us go a three days’ journey into the wilderness, that we may sacrifice to the LORD our

God.’<sup>19</sup> But I know that the king of Egypt will not let you go unless compelled by a mighty hand.<sup>20</sup> So I will stretch out my hand and strike Egypt with all the wonders that I will do in it; after that he will let you go.<sup>21</sup> And I will give this people favor in the sight of the Egyptians; and when you go, you shall not go empty,<sup>22</sup> but each woman shall ask of her neighbor, and any woman who lives in her house, for silver and gold jewelry, and for clothing. You shall put them on your sons and on your daughters. So you shall plunder the Egyptians.”

**L:** The word of the Lord.

**C:** Thanks be to God.

### **The Christian Scriptures (Mark 14:53-72)**

**L:** A reading from the Gospel according to St. Mark:

<sup>53</sup> And they led Jesus to the high priest. And all the chief priests and the elders and the scribes came together. <sup>54</sup> And Peter had followed him at a distance, right into the courtyard of the high priest. And he was sitting with the guards and warming himself at the fire. <sup>55</sup> Now the chief priests and the whole council<sup>56</sup> were seeking testimony against Jesus to put him to death, but they found none. <sup>56</sup> For many bore false witness against him, but their testimony did not agree. <sup>57</sup> And some stood up and bore false witness against him, saying, <sup>58</sup> “We heard him say, ‘I will destroy this temple that is made with hands, and in three days I will build another, not made with hands.’” <sup>59</sup> Yet even about this their testimony did not agree. <sup>60</sup> And the high priest stood up in the midst and asked Jesus, “Have you no answer to make? What is it that these men testify against you?”<sup>61</sup> But he remained silent and made no answer. Again the high priest asked him, “Are you the Christ, the Son of the Blessed?” <sup>62</sup> And Jesus said, “I am, and you will see the Son of Man seated at the right hand of Power, and coming with the clouds of heaven.” <sup>63</sup> And the high priest tore his garments and said, “What further witnesses do we need? <sup>64</sup> You have heard his blasphemy. What is your decision?” And they all condemned him as deserving death. <sup>65</sup> And some began to spit on him and to cover his face and to strike him, saying to him, “Prophesy!” And the guards received him with blows.

<sup>66</sup> And as Peter was below in the courtyard, one of the servant girls of the high priest came, <sup>67</sup> and seeing Peter warming himself, she looked at him and said, “You also were with the Nazarene, Jesus.” <sup>68</sup> But he denied it, saying, “I neither know nor understand what you mean.” And he went out

into the gateway<sup>[4]</sup> and the rooster crowed.<sup>[5]</sup> <sup>69</sup> And the servant girl saw him and began again to say to the bystanders, “This man is one of them.” <sup>70</sup> But again he denied it. And after a little while the bystanders again said to Peter, “Certainly you are one of them, for you are a Galilean.” <sup>71</sup> But he began to invoke a curse on himself and to swear, “I do not know this man of whom you speak.” <sup>72</sup> And immediately the rooster crowed a second time. And Peter remembered how Jesus had said to him, “Before the rooster crows twice, you will deny me three times.” And he broke down and wept.

**L:** The word of the Lord.

**C:** Thanks be to God.

### **Responsory for Lent**

**L:** We have an advocate with the Father;  
Jesus is the propitiation for our sins.

**C:** **He was delivered up to death;**  
**He was delivered for the sins of the people.**

**L:** Blessed is he whose transgression is forgiven  
and whose sin is put away.

**C:** **He was delivered up to death;**  
**He was delivered for the sins of the people.**

**L:** We have an advocate with the Father;  
Jesus is the propitiation for our sins.

**C:** **He was delivered up to death;**  
**He was delivered for the sins of the people.**

*A homily may be inserted here.*

### **Te Deum**

**C:** <sup>1</sup>We praise You, O God; we acknowledge You to be the Lord.  
All the earth now worships You, The Father everlasting.  
To You all angels cry aloud, the heavens and all the pow'rs therein.  
To You cherubim and seraphim continually do cry:  
<sup>2</sup>Holy, holy, holy, Lord God of Sabaoth;  
heaven and earth are full of the majesty of Your glory.  
The glorious company of the apostles praise You.  
The goodly fellowship of the prophets praise You.

<sup>3</sup>The noble army of martyrs praise You.

The holy Church throughout all the world does acknowledge You:  
You are the king of glory, O Christ;

You are the everlasting Son of the Father.

<sup>5</sup>When You took upon Yourself to deliver man,

You humbled Yourself to be born of a virgin.

When You had overcome the sharpness of death,

You opened the kingdom of heaven to all believers.

<sup>6</sup>You sit at the right hand of God

in the glory of the Father.

We believe that You will come

to be our judge.

<sup>7</sup>We therefore pray You to help Your servants,

whom You have redeemed with Your precious blood.

Make them to be numbered with Your saints

in glory everlasting.

<sup>8</sup>O Lord, save Your people and bless Your heritage.

Govern them and lift them up forever.

Day by day we magnify You.

And we worship your name forever and ever.

<sup>9</sup>Grant, O Lord, to keep us this day without sin.

O Lord, have mercy upon us, have mercy upon us.

O Lord, let Your mercy be upon us, as our trust is in You.

O Lord, in You have I trusted; let me never be confounded.

### Kyrie

C: Lord, have mercy;  
Christ, have mercy;  
Lord, have mercy.

### The Lord's Prayer

**C:** Our Father, who art in heaven,  
hallowed by thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
forever and ever.  
Amen.

### Collect

**L:** O Lord, hear my prayer.

**C:** And let my cry come to you.

**L:** We pray: Lord Jesus Christ, the temple of Your body was destroyed on the cross and three days later raised from the dead and exalted to the right hand of the Father. Visit us now with this same body, that we may not deny that we know You, but in faith hear in our ears Your life-giving voice and receive on our lips Your very body and blood to strengthen us in times of temptation; for You live and reign with the Father and the Holy Spirit, one God, now and forever.

**C:** Amen.

### Prayer

**L:** Almighty God, we have put our trust in You. Let our hope not be put to shame when we pray to You for all who suffer at this time. The evil foe has become mighty, and we are surrounded by devils on all sides. Strengthen us, and come quickly to our aid.

Lord in your mercy:

**C:** Hear our prayer.

**L:** Father in heaven, comfort all the troubled and sorrowful. Impart health of body and soul to the sick. Care for the needy. Watch over those who travel. Help all who need you.

Lord in your mercy:

**C: Hear our prayer.**

**L:** Merciful God, consider the affliction of Your people. Let not our sin destroy us, nor hopelessness overwhelm us, but let Your boundless mercy save us.

Lord in your mercy:

**C: Hear our prayer.**

**L:** We pray together:

**C:** I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

### **Benedicamus & Benediction**

**L:** Let us bless the Lord.

**C: Thanks be to God.**

**L:** The grace of our Lord Jesus Christ and the love of God and the communion of the Holy Spirit be with us all.

**C: Amen.**